## 2019 COMPETITION TEAM

### January 20th to May 4th

Sundays 8:30 am to 10:00 am (Kwoon available at 8:15am)

### THE COMPETITION TEAM IS OPEN TO ALL ADULTS

AND YOUTH/JUNIOR STUDENTS (AGES 6 AND UP)

Fine-tune your training towards tournaments - select one open hand form and one weapon form and we help you refine these elements, along with sparring, for competition. You'll be rewarded with a positive, realistic attitude to competition and enjoy greater confidence from extra training. You can be a part of organized tournaments and develop terrific team spirit!

# You can join the Competition Team and receive the benefit of an additional 12 x 90 minute classes and instruction for only \$100.00 plus HST!

This year, we are participating in three tournaments that are open to all ages and skill levels:

### WKFA Shiai - April 27<sup>th</sup>

Details coming soon for our annual in-house tournament.

### CKKA Convention & Tournament - March 30th

This year, the Canadian Karate Kung-Fu Association (CKKA) is hosted by WKFA at the Inn of Waterloo – stay tuned for more information.

### Karate/Kung-Fu Maynia - May 4th

Run by Kitchener Kicks, this year the tournament will be at the Kitchener Auditorium. Details and registration information will be provided by the Sifus when available.

We strongly encourage team members to participate in both the WKFA Shiai and the CKKA event since we are hosting it this year in Waterloo!

There are no family discounts and the full amount is payable prior to February 15<sup>th</sup>. If interested in enrolling, please speak with Sifu and/or sign up in the weight room.

Not sure if this is for you? Come to a complimentary trial class on January 20th. You can experience the team, meet the Sifus and ask any questions you might have so you can make the decision to join.

There are many holidays and activity during the Competition Team season that affect the class schedule:

Week Of	Technique
January-20-19	8:30 am ~ 10:00 am
January-27-19	8:30 am ~ 10:00 am
February-03-19	8:30 am ~ 10:00 am
February-10-19	8:30 am ~ 10:00 am
February-17-19	No Class - FAMILY DAY WEEKEND
February-24-19	8:30 am ~ 10:00 am
March-03-19	8:30 am ~ 10:00 am
March-10-19	8:30 am ~ 10:00 am
March-17-19	8:30 am ~ 10:00 am
March-24-19	8:30 am ~ 10:00 am
March-31-19	No Class - CKKA WEEKEND
April-07-19	8:30 am ~ 10:00 am
April-14-19	8:30 am ~ 10:00 am
April-21-19	No Class - EASTER WEEKEND
April-28-19	8:30 am ~ 10:00 am (WKFA Shiai April 27 <sup>th</sup> )
May-05-19	No Class – KARATE/KUNG-FU MAYNIA WEEKEND